

# TudatosNet

Meg tud-e védeni az eszköz önmagunktól? Avagy:

Adatvédelmi beállítások, hasznos tippek szülőknek



# TudatosNet

Biztonság vs. kényelem

Tudatosság az egyetlen megoldás



Alkalmazások védelmünkben

# Védelem

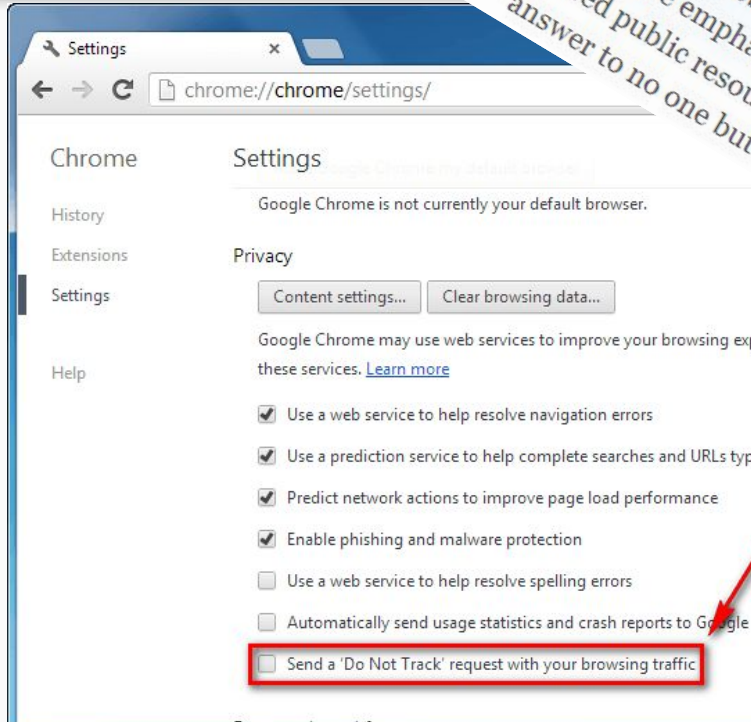
## Mitől védhetjük meg magunkat?

- Hirdetések
  - Adblock
  - Ghostery
  - Disconnect.me
  - Private DNS
  - VPN

## Követés

- Ki követne? Miért követne minket?
- Hogy tud követni bennünket?
- Lehet ellene tenni vagy el kell fogadni?

# Követés



The image shows a screenshot of the Google Chrome Settings page. The browser's address bar displays 'chrome://chrome/settings/'. On the left, a sidebar lists 'Settings' as the active section. The main content area is titled 'Settings' and includes a sub-section for 'Privacy'. Under 'Privacy', there are several checkboxes, with the last one, 'Send a 'Do Not Track' request with your browsing traffic', highlighted by a red rectangular box. A red arrow points from this box towards the 'DO NOT TRACK' text on the overlapping document.

Settings

chrome://chrome/settings/

Chrome Settings

Google Chrome is not currently your default browser.

Privacy

Content settings... Clear browsing data...

Google Chrome may use web services to improve your browsing experience. You may optionally disable these services. [Learn more](#)

- Use a web service to help resolve navigation errors
- Use a prediction service to help complete searches and URLs typed in the address bar
- Predict network actions to improve page load performance
- Enable phishing and malware protection
- Use a web service to help resolve spelling errors
- Automatically send usage statistics and crash reports to Google
- Send a 'Do Not Track' request with your browsing traffic



The image shows a tilted document with the Mozilla Firefox logo at the top left. The main heading is 'DO NOT TRACK' in large, bold, black letters. Below the heading, there is a paragraph of text: 'Mozilla is a global, nonprofit organization dedicated to making the Web better. We emphasize principle over profit, and believe that the Web is a shared public resource to be cared for, not a commodity to be sold. We answer to no one but you and believe it is crucial to put you in control of...'. The document also includes a small 'Do Not Track FAQ' link and a copyright notice for TechDows.com.

mozilla Firefox

Do Not Track FAQ

# DO NOT TRACK

© TechDows.com

Mozilla is a global, nonprofit organization dedicated to making the Web better. We emphasize principle over profit, and believe that the Web is a shared public resource to be cared for, not a commodity to be sold. We answer to no one but you and believe it is crucial to put you in control of...

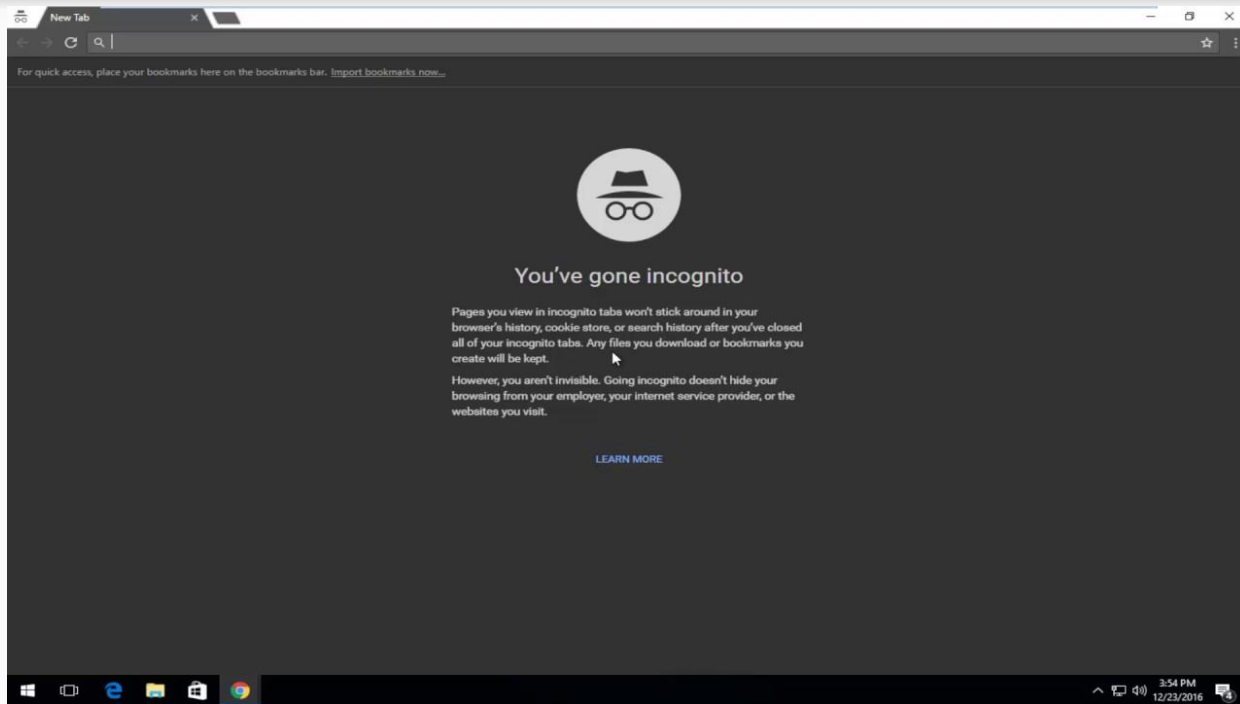


A small status box with a white background and a black border. It contains the text 'Do Not Track Your Status: Do Not Track is OFF' and a small Mozilla Firefox logo. A green arrow points from the 'DO NOT TRACK' text on the tilted document towards this box.

Do Not Track Your Status:  
Do Not Track is OFF

Mozilla's Do Not Track

# Incognito mód



# Bővítmények követés ellen

- Ghostery - <https://www.ghostery.com/>
- Disconnect - <https://disconnect.me/>
- AdblockPlus - <https://adblockplus.org/>



Ki mit tud rólam?

# Google

11:44 Nov 4, Mon

myactivity.google.com

4G 66%

Google My Activity



## My Google Activity

Bundle view

Item view

Delete activity by

Other Google activity

Activity controls

Google Account

Help

Send Feedback

Privacy · Terms

The activity you keep helps Google make services more useful for you, like helping you rediscover the things you've searched for, read, and watched.

You can see and delete your activity using the controls on this page.



Only you can see this data. Google protects your privacy and security. [Learn more](#)

Today

Some activity may not appear yet

**Maps, Chrome, and more**  
11:37 AM

[View 28 more items](#)

**google.com**  
10:52 AM

Searched for [wro2019](#)

Details · · Search

Searched for [ios screenshot whole page](#)

Details · · Search

- Bundle view**
- Item view

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- Delete activity by
- Other Google activity
- Activity controls

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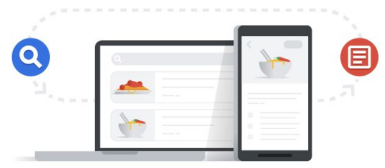
- Google Account

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- Help

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- Send Feedback



## Web & App Activity

Your Web & App Activity includes the things you do on Google services, like Maps, Search, and Play. It can also include things you do on sites, apps, and devices that use Google services or your voice and audio recordings. The activity you keep is used to give you more personalized experiences, like faster searches and more helpful app and content recommendations.

You can see your activity, delete it manually, or choose to delete it automatically using the controls on this page. [Learn more](#)

<p><b>Web &amp; App Activity is on</b> </p> <ul style="list-style-type: none"><li>✓ Including activity from partner sites and apps</li><li>✓ Including voice and audio recordings</li></ul> <p><a href="#">Change setting</a> </p>	<p><b>Keeping activity until you delete it manually</b> </p> <p><a href="#">Choose to delete automatically</a> </p>
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Only you can see this data. Google protects your privacy and security. [Learn more](#)

# Adataim az Interneten

<https://takeout.google.com/settings/takeout?pli=1>

# Facebook adatok

Facebook adatok  
letöltése:

<https://www.facebook.com/help/13111289702846>

7

10:02 Nov 4, Mon

facebook.com


73%

ssing & Downloading  
Information  
ivating or Deleting Your  
unt

How do I download a copy of my information on Facebook?

If you want to download a copy of your information from Facebook, you can use the **Download Your Information** tool.

To download a copy of your Facebook data:

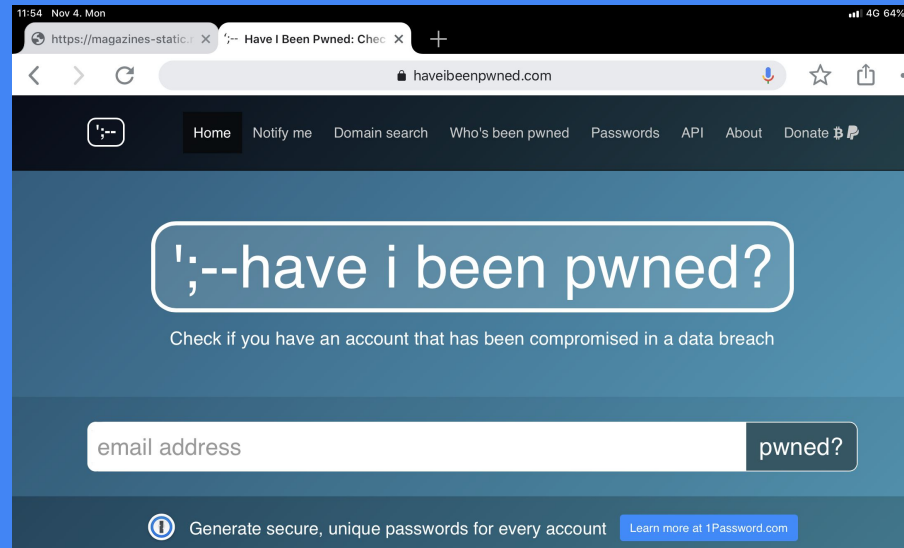
1. Click  in the top right of Facebook, then click **Settings**.
2. In the left column, click **Your Facebook Information**.
3. Next to **Download Your Information**, click **View**.
4. To add or remove categories of data from your request, click the boxes on the right side of Facebook.
5. Select other options, including:
  - The format of your download request.
  - The quality of photos, videos and other media.
  - A specific date range of information. If you don't select a date range, you'll request all the information for the categories you've selected.
6. Click **Create File** to confirm the download request.

After you've made a download request, it will appear as **Pending** in the **Available Files** section of the **Download Your Information** tool. It may take several days for us to finish preparing your download request.

Once we've finished preparing your download request, we'll send a notification letting you know it's ready.

# Feltörték a fiókom?

<https://haveibeenpwned.com/>



Gyermek fiókok

# iOS

## Families



<https://www.apple.com/families/>

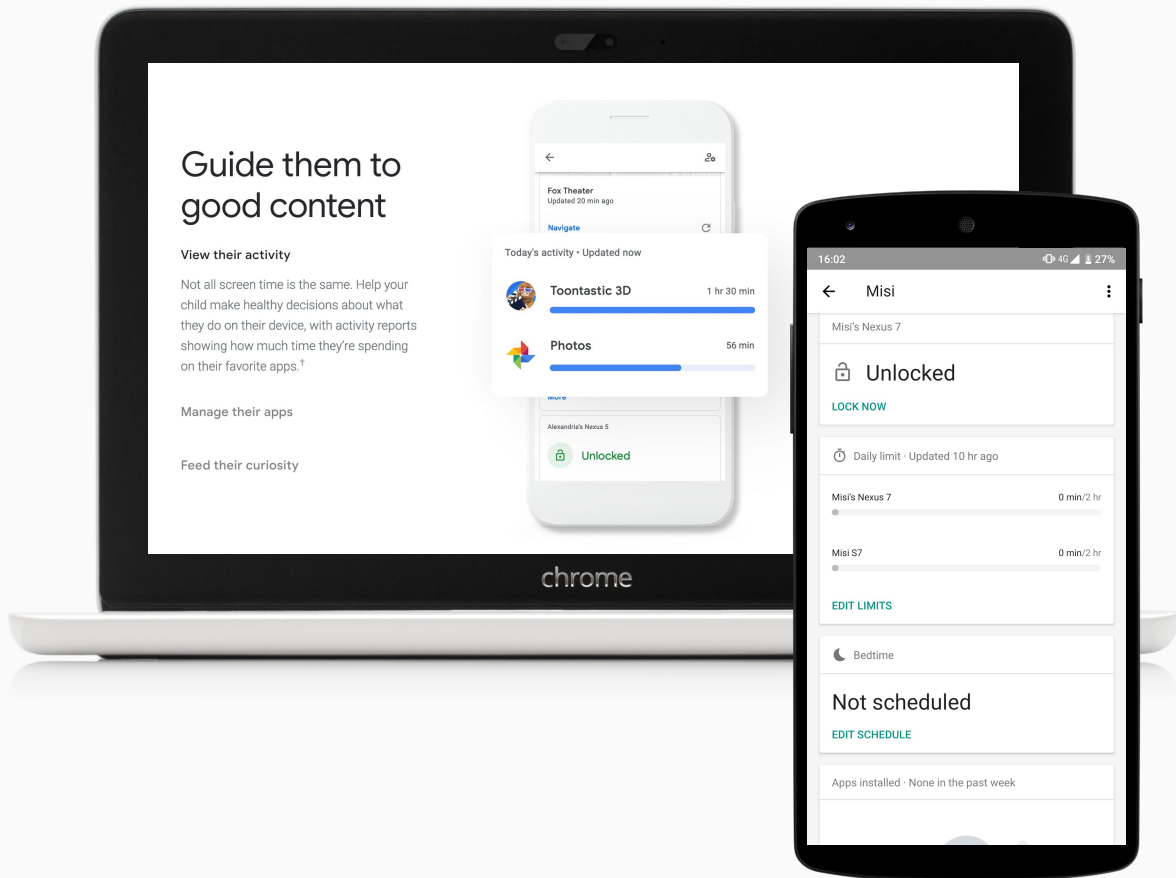


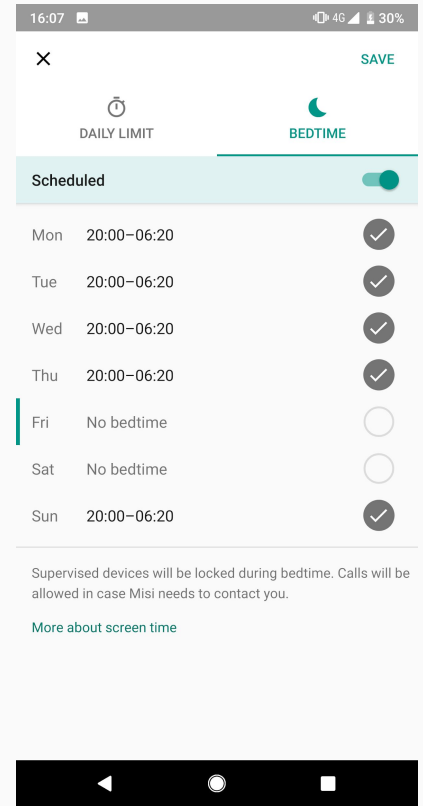
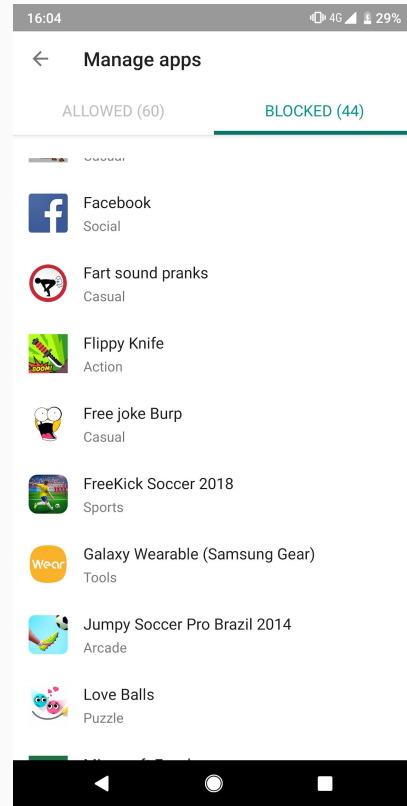
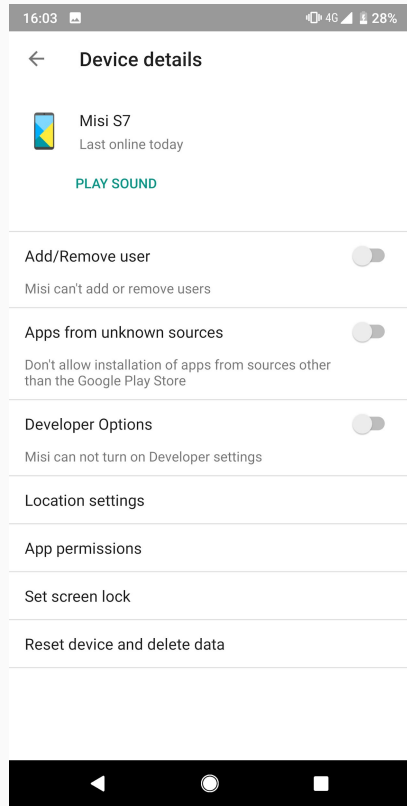
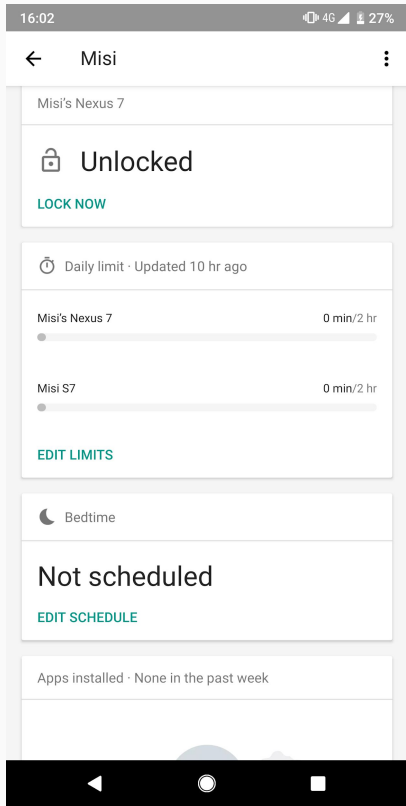
# Google Family Link

13 év alatti gyermekek számára szülői felügyelettel fiók létrehozása.

Eszköz távfelügyelet...

<https://families.google.com/familylink>





Alkalmazások

# Honnan lesz appunk?

Google Play Store

Apple AppStore

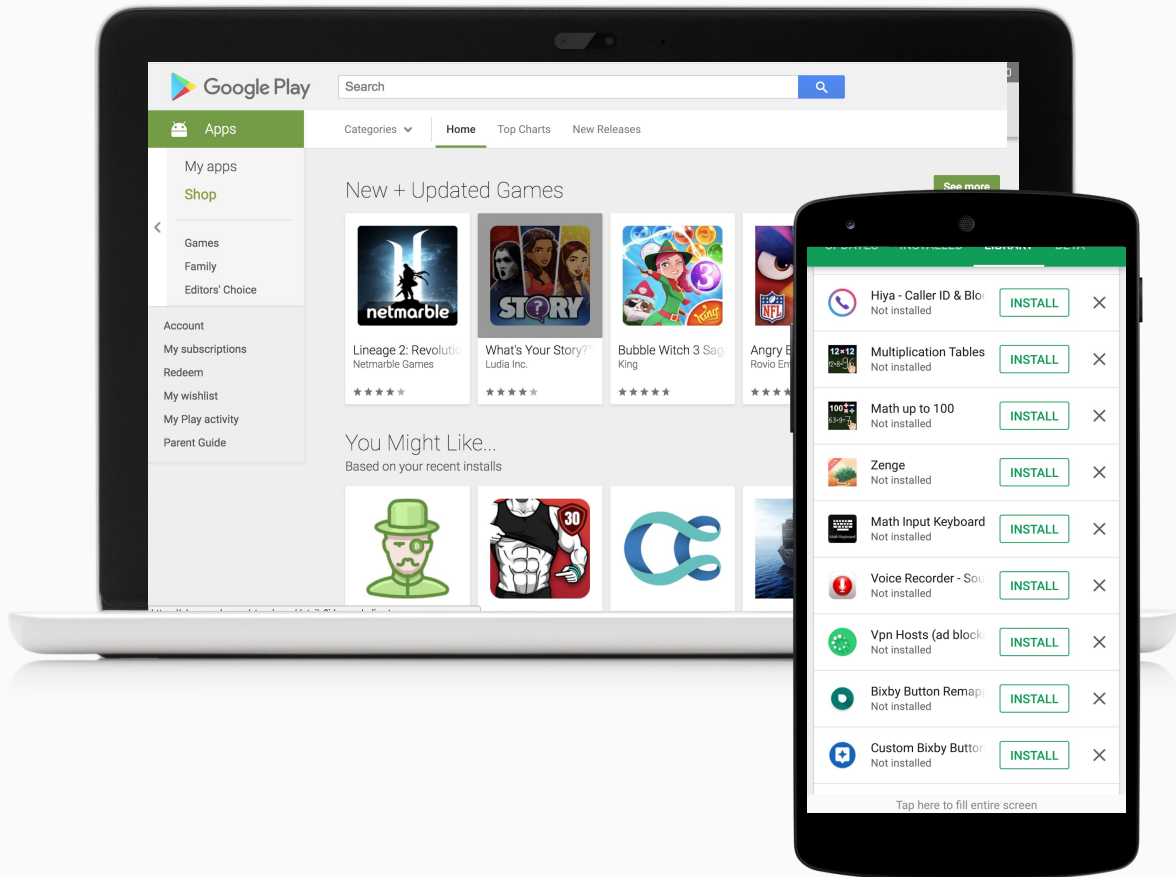
Amazon Appstore

ApkMirror

Appbrain

Aptoide

...NCore, thepiratebay, ...



# Hogy választunk alkalmazást?

## **Értékelés**

Nézzük meg az utolsó értékeléseit az alkalmazásnak! Válaszol-e a “gyártó”?

## **“Gyártó”**

Ki készítette? Milyen alkalmazásai vannak még?

## **Letöltések**

Hányan töltötték eddig le?

## **Frissítések**

Mikor frissítették utoljára? Biztonsági frissítések?!


Jogosultságokra figyelni!!!

**meitu** PRODUCTS COMPANY PRESS CORPORATE LANGUAGE


## About us

Launched in 2008, Meitu (SEHK: 1357) is a global innovator in mobile technology, including mobile devices, photo and video editing and virtual makeup application.

1.1 billion unique device installs	450 million monthly active users worldwide	26 countries with more than one million users in each
6.0 billion photos generated from Meitu apps per month	510 million+ videos uploaded to Meipai	500 million+ users outside of China



The perfect selfie, every time.




Your ultimate photo-editing tool kit

Available on Google Play and the App Store.

## Meitu

A majdnem “tökéletes” alkalmazás




## MakeupPlus - Makeup Camera

Meitu, Inc. Photography ★★★★★ 703,425

PEGI 3

Contains ads  
This app is compatible with all of your devices.

Add to Wishlist Install



## Jogosultságok!!!

Óvatosan, milyen jogosultságokat kér az alkalmazás

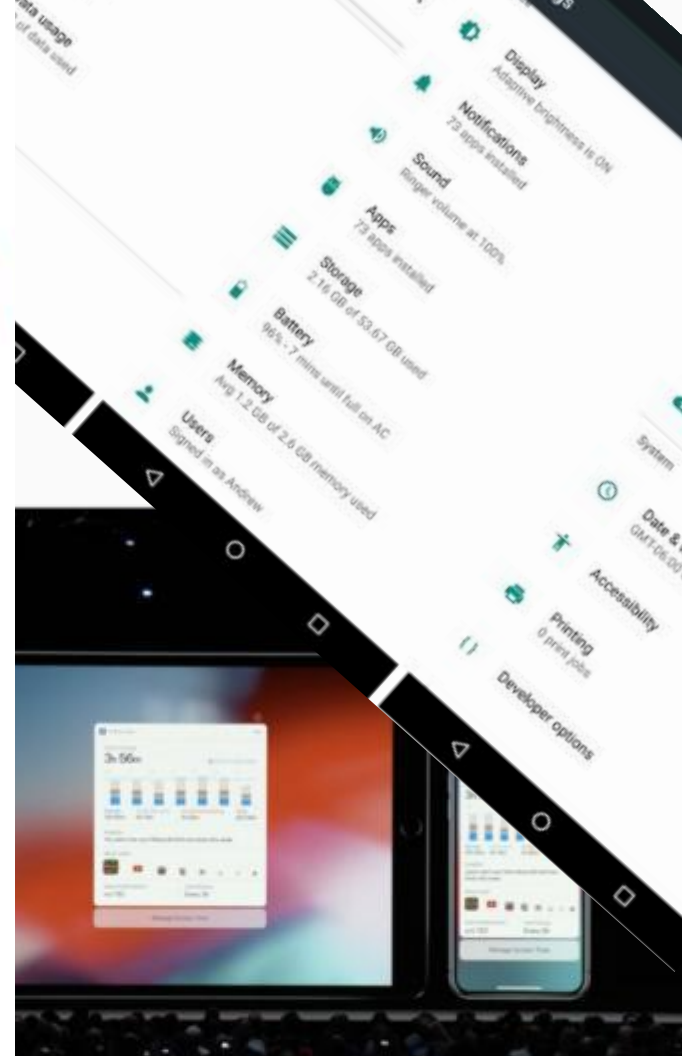
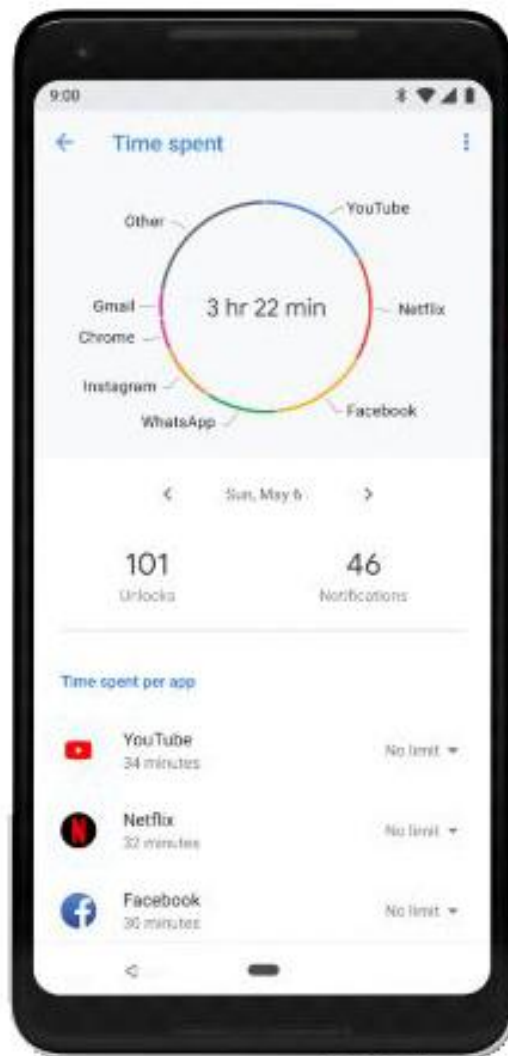
Tudatos Használat



# Tudatosság

Hányszor oldom fel egy nap a telefonom?

- Digital Wellbeing
- Screen time



# Köszönöm

prezentáció:

<https://kobak.eu/tudatosxii>

<https://kobak.org>

[balazs.koren@gmail.com](mailto:balazs.koren@gmail.com)

<https://linkedin.com/in/kobak>

<https://twitter.com/kobak>

# *HiperSuli*

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